

# ALL SAINTS' EPISCOPAL CHURCH

San Diego, California



## SIXTH SUNDAY AFTER PENTECOST

July 20th, 2025  
10:00 AM | Mass

Welcome to All Saints' Mass in our church or by live-stream, especially if you are a newcomer or visitor! Please help us to get to know you by introducing yourself to our rector, Fr. Carlos, if you are here in person.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



THE FLOWERS ON THE HIGH ALTAR  
are given in Thanksgiving for  
the 90th Birthday of DON LINDSTROM,  
and are offered to the  
GLORY OF GOD

## ON THE COVER

**Christ in the House of Martha and Mary** (c. 1886)

Hendryck Siemiradzki (1843–1902)

*“Martha, Martha, you are worried and distracted by many things; there is need of only one thing.*

*Mary has chosen the better part, which will not be taken away from her.”*

# ALL SAINTS' MISSION STATEMENT

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

## OUR VISION

"We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all."

## OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

**CELEBRANT:** The Rev. Carlos E. Expósito, Rector

**MASS SETTING:** Healey Willan

## ORGAN PRELUDE

Earth and All Stars

Michael Burkhardt

# PROCESSIONAL HYMN — *Please stand*

## St. Denio

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,  
2 Un - rest - ing, un - hast - ing, and si - lent as light,  
3 To all life thou giv - est, to both great and small;  
4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,  
nor want - ing, nor wast - ing, thou rul - est in might;  
in all life thou liv - est, the true life of all;  
thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,  
thy jus - tice like moun - tains high soar - ing a - bove  
we blos - som and flour - ish, like leaves on the tree,  
all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.  
thy clouds, which are foun - tains of good - ness and love.  
then with - er and per - ish; but nought chan - geth thee.  
'tis on - ly the splen - dor of light hid - eth thee.

Words: Walter Chalmers Smith (1824-1908), alt.

Music: *St. Denio*, Welsh hymn, from *Caniadau y Cyssegr*, 1839; adapt. John Roberts (1822-1877); harm. *The English Hymnal*, 1906, alt.

## THE SALUTATION AND COLLECT FOR PURITY

Blessed be God: Father, Son, and Holy Spirit. +

*All: And blessed be His kingdom, now and forever. Amen.*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

*All: Amen.*

## THE PENITENTIAL RITE — *Please kneel*

Let us humbly confess our sins unto Almighty God.  
Most merciful God,

*All: We confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done, and by what we have left undone.*

*We have not loved thee with our whole heart;  
We have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.*

*For the sake of thy Son, Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will, and walk in thy ways,  
to the glory of thy Name.*

*Amen.*

*The Celebrant pronounces the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

*All: Amen.*

## KYRIE *(Hymnal #710)*

*All sing:*        LORD, have mercy upon us.  
                     Christ, have mercy upon us.  
                     LORD, have mercy upon us.

## GLORIA IN EXCELSIS *(Hymnal #713) — Please stand*

*All sing:*        Glory be to God on high,  
                     And on earth peace, good will towards men.

We praise thee, we bless thee,  
    we worship thee, we glorify thee,  
    we give thanks to thee for thy great glory,  
O LORD God, heavenly King, God the Father Almighty.  
O LORD, the only begotten Son, Jesus Christ;  
O LORD God, Lamb of God, Son of the Father,  
    that takest away the sins of the world,  
    have mercy upon us.

Thou that takest away the sins of the world,  
    receive our prayer.

Thou that sittest at the right hand of God the Father,  
    have mercy upon us.

For thou only art Holy;  
Thou only art the LORD;  
Thou only, O Christ,  
    with the Holy Ghost,  
    art most high + in the glory of God the Father. *Amen.*

# THE COLLECT OF THE DAY

The LORD be with you.

*All:*    **And with thy spirit.**

Let us pray.

Almighty God, the fountain of all wisdom, who knowest our necessities before we ask and our ignorance in asking: Have compassion, we beseech thee, upon our infirmities, and those things which for our unworthiness we dare not, and for our blindness we cannot ask, mercifully give us for the worthiness of thy Son Jesus Christ our Lord; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

*All:*    **Amen.**

## FIRST READING    **Genesis 18:1–10a** — *Please be seated*

A Reading from the Book of Genesis

The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My Lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on~ since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

The Word of the LORD.

*All:*    **Thanks be to God.**

## PSALM 15 — *Sung by the Choir*

- 1 LORD, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;  
he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, \*  
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong \*  
and does not take back his word.
- 6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.
- 7 Whoever does these things \*  
shall never be overthrown.

## SECOND READING Colossians 1:15–28

A Reading from the Letter of Paul to the Colossians

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers~ all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.



And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him~ provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

The Word of the LORD.

*All:*     **Thanks be to God.**

## **GOSPEL ACCLAMATION** — *Please stand*

Alleluia, Alleluia, Alleluia!

*All sing:*     **Alleluia, Alleluia, Alleluia!**

Blessed are they who have kept the word with a generous heart, and yield a harvest through perseverance.

*All sing:*     **Alleluia, Alleluia, Alleluia!**

## THE HOLY GOSPEL Luke 10:38–42

The LORD be with you.

*All:* **And with thy spirit.**

+The Holy Gospel of our Lord Jesus Christ according to Luke.

*All:* **Glory be to thee, O LORD.**

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the LORD's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "LORD, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the LORD answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of the LORD.

*All:* **Praise be to thee, O Christ.**

## GOSPEL AFFIRMATION

Three-fold Amen

## SERMON — Please *be seated*

The Rev. Carlos E. Expósito, Rector

# NICENE CREED *(Hymnal #759) — Please stand*

I believe in one God,

*All sing:* the Father Almighty,

maker of heaven and earth,  
and of all things visible and invisible.

And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,

*(Kneel for next 3 lines)*

*and was incarnate by the Holy Ghost  
of the Virgin Mary,  
and was made man;*

and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.

And I believe in the Holy Ghost, the LORD, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshipped  
and glorified;  
Who spake by the Prophets.

And I believe one Holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
+ and the life of the world to come. *Amen.*

## PRAYERS OF THE PEOPLE — *Please kneel*

*Celebrant:* Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit. We also commend to the LORD an end to the destruction between Israel and Palestine. For victims affected by the fireworks explosion in Esparto and the flood in Central Texas, first-responders and caregivers, and all who are harmed by the violence across our nation.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer.**

We pray for thy Holy Catholic Church throughout the world. We pray for the peace of Jerusalem; the Anglican Communion, Stephen Cottrell, interim Archbishop of Canterbury; and today for the Church of North Pakistan (United) ; for Sean, Presiding Bishop, Susan, the fifth Bishop of San Diego, and Carlos our rector, and his family. For the people of All Saints', San Diego. For our sister parish, St. Thomas the Apostle, Hollywood, and Canon Ian Davies, Rector.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer.**

Father, we pray for peace throughout the world, especially in Eastern Europe, the Middle-East, and the nations of Central Africa. We pray for Donald, our President, Gavin our Governor, and all those in authority.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer.**

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Samuel, Jonathan, Sue, Mark, William, Patrick, Dirk, Ethan, Kyle, Caelan, Noah, Peter, Tua, Jordan, Cade, and Cole. We also pray for the officers, crew, and families of NAVSUP Fleet Logistics Center, San Diego.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer.**

We pray for the city of San Diego, and all who live and work in this neighborhood of Hillcrest, especially for all those unemployed or homeless; for our own families, and for our Parish family, that we may grow in faith and love. We pray for the director, staff, and families of WIC.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer.**

LORD, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for all prisoners and captives; and your blessing upon all those who have asked for our prayers, privately, especially those suffering from addictions, their friends and families; and for those whose names are attached to the prayer chain on the chancel entrance wall.

We especially pray today for: Donna, Elaine, Maureen, Louise, Carson, George, Mia, Pamela, Sydnee, Briana, Christian, Mike, Patricia, Ruby, Verna, Antonio, Robert, Tina, Tanya, Tony, Twyla, Monique, Ellen, Susan, Tiente, Betty, John, Nicolas, Joe, Norma D., Amadeus, Matthew, Deborah, Jennie, Mrs. Tsui, Jack, Melanie, Preston, Delaney, Michelle, Hunter, Fr. Gaylord, Norma J., Pat, Dori, Lois, Michael, and Jane & Bill V.

*Litanist:* LORD in thy mercy.

*People:* **Hear our prayer**

Father, we pray for the souls of the faithful departed, for those who have died recently; and we pray for those whose anniversaries occur at this time: Emily B. True, Bruce Tindall, Harold Norberg, and John Randolph Kerman.

*Litanist:* Rest eternal grant to them O LORD +

*People:* **And let light perpetual shine upon them.**

Father, we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

*At this time, additional petitions and thanksgivings may be said quietly or silently.*

*Celebrant:* LORD in thy mercy.

*People:* **Hear our prayer**

*The celebrant concludes the Prayers.*

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever.

*All:* ***Amen.***

## PEACE — *Please stand*

*Celebrant:* The Peace of the LORD be always with you.

*All:* **And with thy Spirit.**

*Please stand and exchange a sign of the peace of Jesus Christ  
with your immediate neighbors by greeting one another and saying:  
“Peace be with you.”*

## OFFERTORY SENTENCE — *Please stand*

Be imitators of God, as beloved children. And walk in love, as  
Christ loved us and gave himself up for us, a fragrant offering and  
sacrifice to God. *Ephesians 5:1-2*

## OFFERTORY ANTHEM — *Please be seated*

*All Saints' Choir*

**Let Our Voices Fill the Sky**

Dale Wood

Let our voices fill the sky:  
Glory to the LORD on high!

Heaven and earth, awake and sing  
praises to our God and King!

Praise him with the saints above,  
ever bright and fair in love;

Sun and moon, lift up your voice,  
Night and stars, in God rejoice!

Warrior fighting for the LORD,  
prophets burning with His word

Those to whom the arts belong,  
add their voices to the song.

Kings of knowledge and of law,  
to the glorious circle draw;

All who work and who wait, sing  
“The LORD is good and great.”

Men and women, young and old,  
Raise the anthem loud and bold,

Let the children’s happy hearts  
in this worship take their parts;

From the north to southern pole  
Let the mighty chorus roll:

“Holy, Holy, Holy One,  
Glory be to God alone!”

## THE OFFERTORY PRAYER — *Please stand*

LORD, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

*All:     Amen.*

# OFFERTORY HYMN

St. Bees

1 Sing, my soul, his won-drous love, who, from yon bright throne a - bove,  
2 Heaven and earth by him were made; all is by his scep - ter swayed;  
3 God, the mer - ci - ful and good, bought us with the Sa - vior's blood,  
4 Sing, my soul, a - dore his Name! Let his glo - ry be thy theme:

ev - er watch-ful o'er our race, still to us ex - tends his grace.  
what are we that he should show so much love to us be - low?  
and, to make sal - va - tion sure, guides us by his Spi - rit pure.  
praise him till he calls thee home; trust his love for all to come.

Words: Anon., 1800, alt.

Music: St. Bees, John Bacchus Dykes (1823-1876)

## LITURGY OF THE HOLY EUCHARIST — *Please stand*

Pray Brethren,  
that this my sacrifice and yours may be acceptable to God,  
the Almighty Father.

All: May the LORD receive the sacrifice at thy hands,  
to the praise and glory of His Name,  
to our benefit and that of all His Holy Church.



# EUCCHARISTIC PRAYER

The LORD be with you.

*All:* **And with thy spirit.**

Lift up your hearts.

*All:* **We lift them up unto the LORD.**

Let us give thanks unto our LORD God.

*All:* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O LORD, Holy Father, Almighty, everlasting God.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

## SANCTUS ET BENEDICTUS *(Hymnal #711)*

*All sing:* **Holy, Holy, Holy, LORD God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O LORD Most High.**

**+ Blessed is He that cometh in the name of the LORD.  
Hosanna in the highest.**

## PRAYER OF CONSECRATION — *Please kneel*

All glory be to thee, O LORD our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O LORD and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O LORD, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; + and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our LORD;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

*All: Amen.*

## THE LORD'S PRAYER *(Hymnal #722)*

And now, as our Savior Christ hath taught us, we are bold to say:

*All sing:*      **Our Father, who art in heaven,**  
                  **hallowed be thy Name,**  
                  **thy kingdom come,**  
                  **thy will be done,**  
                  **on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses,**  
                  **as we forgive those who trespass against us.**  
**And lead us not into temptation,**  
                  **but deliver us from evil.**  
**For thine is the kingdom, and the power, and the glory,**  
                  **for ever and ever. *Amen.***

## THE BREAKING OF BREAD

Alleluia. Christ our Passover is sacrificed for us;

*All:*      Therefore let us keep the feast. Alleluia!

## AGNUS DEI *(Hymnal #712)*

*All sing:*      **O Lamb of God,**  
                  **that takest away the sins of the world,**  
                  **have mercy upon us.**  
  
                  **O Lamb of God,**  
                  **that takest away the sins of the world,**  
                  **have mercy upon us.**  
  
                  **O Lamb of God,**  
                  **that takest away the sins of the world,**  
                  **grant us thy peace.**

## PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,  
O merciful LORD, trusting in our own righteousness,  
but in thy manifold and great mercies.  
We are not worthy so much as to gather up the crumbs  
under thy Table.  
But thou art the same LORD whose property  
is always to have mercy.  
Grant us therefore, gracious LORD,  
so to eat the flesh of thy dear Son Jesus Christ,  
And to drink his blood,  
that we may evermore dwell in him and he in us. *Amen.*

## THE INVITATION

Behold the Lamb of God, +  
behold Him that taketh away the sins of the world.

All: LORD I am not worthy that thou shouldest come under my roof,  
but speak the word only, and my soul shall be healed.

*All baptized Christians are invited to come forward for communion.*

*Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.*

# COMMUNION HYMN — *Please kneel*

## Liebster Jesu



1 Bless - ed Je - sus, at thy word we are gath - ered all to  
2 All our know - ledge, sense, and sight lie in deep - est dark - ness  
3 Gra - cious Lord, thy - self im - part! Light of Light, from God pro -



hear thee; let our hearts and souls be stirred  
shroud - ed, till thy Spi - rit breaks our night  
ceed - ing, o - pen thou our ears and heart,



now to seek and love and fear thee; by thy teach - ings  
with the beams of truth un - cloud - ed; thou a - lone to  
help us by thy Spi - rit's plead - ing. Hear the cry thy



pure and ho - ly, drawn from earth to love thee sole - ly.  
God canst win us; thou must work all good with - in us.  
Church up - rais - es; hear, and bless our prayers and prais - es.

Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt.

Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt.

*Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926)

## PRAYER FOR SPIRITUAL COMMUNION

*I believe that Thou art truly present in the Holy Sacrament,  
and, since I cannot at this time receive communion,  
I pray Thee to come into my heart.*

*I unite myself with Thee and embrace Thee with all my  
heart, my soul, and my mind.*

*Let nothing separate me from Thee;  
let me serve Thee in this life until, by Thy grace,  
I come to Thy glorious kingdom and unending peace.*

*Amen.*

## POST COMMUNION PRAYER — *Please kneel*

Almighty and everliving God,

*All:* We most heartily thank Thee  
for that Thou dost feed us,  
in these Holy mysteries,  
with the spiritual food of the most precious  
Body and Blood of Thy Son our Savior Jesus Christ;  
And dost assure us thereby of Thy favor  
and goodness towards us;

And that we are very members incorporate  
in the mystical body of Thy Son,  
the blessed company of all faithful people;  
And are also heirs, through hope,  
of Thy everlasting kingdom.

And we humbly beseech Thee, O heavenly Father,  
so to assist us with Thy grace,  
that we may continue in that Holy fellowship,  
and do all such good works as Thou  
hast prepared for us to walk in;

Through Jesus Christ our Lord,  
to whom, with Thee and the Holy Ghost,  
be all honor and glory,  
world without end. *Amen.*

## BENEDICTION

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord;

And the blessing of God Almighty +, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*All:* *Amen.*

## NOTICES — *Please be seated*

### Birthday Prayer

Many happy returns of the day of thy birth,  
May seasons of joy be given.  
May God in his mercy prepare you on earth  
For a beautiful birthday in Heaven. *Amen.*

### Anniversary Prayer

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*





## THE ANGELUS — *Please stand*

The Angel of the LORD brought the tidings to Mary:

*All:*    **And she conceived by the Holy Ghost.**

**Hail Mary, full of grace, the LORD is with thee.**

**Blessed art thou amongst women,**

**and blessed is the fruit of thy womb Jesus.**

**Holy Mary, Mother of God, pray for us sinners,**

**now and at the hour of our death. *Amen.***

Behold the handmaid of the LORD:

*All:*    **Be it unto me according to thy word.**

*The Hail Mary is repeated.*

And the Word was made flesh.

*All:*    **And dwelt among us.**

*The Hail Mary is repeated.*

Pray for us, O holy Mother of God.

*All:*    **That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech thee O LORD, pour thy grace into our hearts: That as we have known the incarnation of thy son Jesus Christ by the message of an angel, so by His cross and passion + we may be brought to the glory of His resurrection. Through the same Christ our Lord.

*All:*    ***Amen.***

## DISMISSAL

Let us go forth in the name of Christ. Alleluia! Alleluia!

*All:*    **Thanks be to God. Alleluia! Alleluia!**

# RECESSIONAL HYMN — *Please stand*

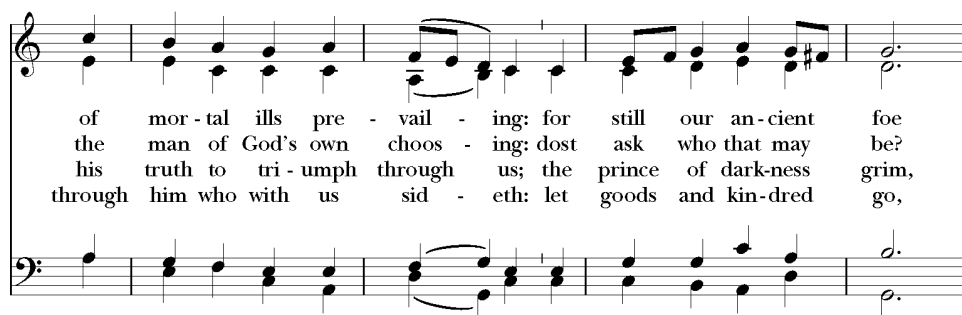
## Ein feste Burg



1 A might - y for - tress is our God, a bul - wark nev - er  
 2 Did we in our own strength con - fide, our striv - ing would be  
 3 And though this world, with dev - ils filled, should threat - en to un -  
 4 That word a - bove all earth - ly powers, no thanks to them, a -



fail - ing; our help - er he a - mid the flood  
 los - ing; were not the right man on our side,  
 do us; we will not fear, for God hath willed  
 bid - eth; the Spi - rit and the gifts are ours



of mor - tal ills pre - vail - ing; for still our an - cient foe  
 the man of God's own choos - ing; dost ask who that may be?  
 his truth to tri - umph through us; the prince of dark - ness grim,  
 through him who with us sid - eth: let goods and kin - dred go,



doth seek to work us woe; his craft and power are great,  
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,  
 we trem - ble not for him; his rage we can en - dure,  
 this mor - tal life al - so; the bo - dy they may kill:

and, armed with cru - el hate, on earth is not his e - qual.  
 from age to age the same, and he must win the bat - tle.  
 for lo! his doom is sure, one lit - tle word shall fell him.  
 God's truth a - bid - eth still, his king - dom is for ev - er.

Words: Martin Luther (1483-1546); tr. Frederic Henry Hedge (1805-1890);  
 based on Psalm 46

Music: *Ein feste Burg*, melody Martin Luther (1483-1546); harm. Johann  
 Sebastian Bach (1685-1750)

## ORGAN POSTLUDE

Ein Fest Burg

J.S. Bach

# PARISH NOTICES

## ALL SAINTS' MASSES & GATHERINGS

- **Every Sunday:** 10:00 AM – Mass  
On Sundays we continue worshipping in our historic church. The Sunday service will be on Zoom.

The following worship service will be held in All Saints' St. Mary Chapel.

- **Every Tuesday:** 12:00 PM, Noon – Mass  
*Our next monthly “First Tuesday” will take place on August 5th, with Rosary at 11:15am and Mass at noon, followed by an informal potluck in the library.*
- **Every Thursday:** 1:00 PM – Devotional Service  
There is a short devotional service in the Rector's office, followed by a Bible study session based on one of the readings for the Sunday of that week. Join us either in person or via Zoom; find the link to join these sessions below:

<https://us02web.zoom.us/j/87935063092?pwd=SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09>

## SPECIAL CLASSES AND PROGRAMS

- **Christian Formation and First Communion Instruction for Children Ages 5-12**  
Sundays from 10:00 AM to 10:45 AM in the Parish Hall, taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at [info@allsaintschurch.org](mailto:info@allsaintschurch.org).
- **Christian Formation – Book Study**  
Happening on the Sunday of July 27th. See the page on the right for further details on the book from our previous Lenten season, which has extended into the post-Pentecost season.

# PARISH NOTICES

## CHRISTIAN FORMATION FOR ADULTS

### In Your Holy Spirit: Traditional Spiritual Practices in Today's Christian Life — By Michelle Heyne

Dear All Saints' parishioners,

As part of our Christian formation in Lent from earlier this year, I am inviting you to join us in the study of the book shown below. We will conduct the study on the second and fourth Sundays of each month,

continuing next Sunday, July 27th, in the library at noon. The study of the whole book is currently extending into beyond the Lenten season, but that is proper.

There will be a number of books available for purchase at the price of \$10.00 each. You can also order the book online at Amazon for a slightly higher price. For those of you who do not attend in person regularly, but would like to join us in the study sessions, there is an opportunity to join us via Zoom; find the link to join these sessions on Page 1 (Parish Notices).

#### Copyrighted Material **IN YOUR HOLY SPIRIT:** **TRADITIONAL SPIRITUAL PRACTICES IN TODAY'S CHRISTIAN LIFE**

This book provides practical assistance to Christians seeking to deepen their own spiritual discipline in the traditional areas of Weekly Practice (Eucharist, Mass, Holy Communion), Daily Practice (Office, Liturgy of the Hours), Reflection, Community and Service. Readers will expand their understanding of traditional Christianity and how it speaks to members of the Body of Christ today.

A focus primarily on practice—on traditional worship in community—rather than primarily on doctrinal or political differences, goes a long way toward transforming the divisions among us. This orientation has much to offer, both inside and outside of the church.

Using ancient practices, modern adaptations, and a Spiritual Practices Map, this book will help readers form their own Rule of Life, and create their own approach to spiritual discipline and practice within the church's traditions.

This book meets readers where they are and then provides concrete, manageable opportunities to stretch and grow, and to experiment with a wider range of choices about spiritual life.

The companion book, *In Your Holy Spirit: Shaping the Parish Through Spiritual Practice*, by Robert Gallagher, OA, is focused on how the parish church and its clergy can better support and foster the development of spiritual life and practices, and thereby improve the health of the whole parish.



Michelle Heyne, OA, is a church trainer and consultant, and the first lay superior of the Order of the Ascension. She is the co-author of *A Wonderful and Sacred Mystery: A Practical Theology of the Parish Church*. Michelle is a partner in a financial services consulting firm and lives in Seattle with her family.



ASCENSION PRESS

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# PARISH NOTICES

## SOCIAL ACTION UPDATE

Pentecost season is here! The winds of the Holy Spirit are all around us, as we are rekindled by the fire of the Holy Spirit to go out and spread the Gospel. But “spreading the Gospel” isn’t just Bible words! It is also deeds, attitudes, human contact, sharing.

Many of our neighbors only feel despair at their life situations - lack of housing, food, resources, health care, and the ability to navigate society. We can pray for them, we can acknowledge them on the street like we would anyone, and we can help provide some of their necessities with our ongoing food drive for the food bank, and the new sweat clothes for the Scripps-Mercy ER.

Your ongoing contributions are a way of spreading the Good News! Your faithful generosity is always appreciated . . . Thank you!!



Your Social Action Committee

## EUCCHARISTIC VISITOR MINISTRY

Under Father Carlos, the ministry of Lay Eucharistic Visitors (LEVs) at All Saints' Church has been revived with the licensing of several LEV's who are making regular visits on Tuesdays and Sundays.

Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament “in a timely manner” to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.



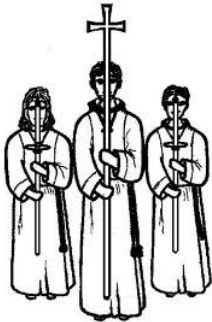
If you would like to add a name to the list of those to be visited, please contact Fr. Carlos or Ed Heck:

([rector@allsaintschurch.org](mailto:rector@allsaintschurch.org))  
([edheck46@gmail.com](mailto:edheck46@gmail.com)).

# PARISH NOTICES

## CHRISTIAN FORMATION FOR CHILDREN

Sundays from 10:00 to 10:45 AM



Christian Formation and First  
Communion Instruction  
for Children Ages 5-12 in the Parish  
Hall taught by Lucretia Locke.

For registration,  
call (619) 298-7729, or email us  
at [info@allsaintschurch.org](mailto:info@allsaintschurch.org).

**Formación Cristiana y clases de  
Primera Comunión para niños y  
niñas**

(de 5 a 12 años)

Domingos de 10 a 10:45 AM, en el  
salón parroquial.

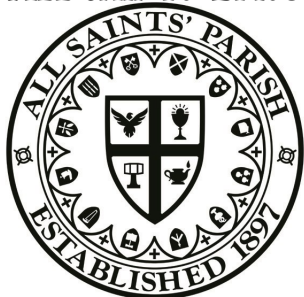
A cargo de Lucrecia Locke.

Para la matrícula llame al (619) 298-  
7729

o envíenos un correo electrónico a  
esta dirección:

[info@allsaintschurch.org](mailto:info@allsaintschurch.org).

# ALL SAINTS' EPISCOPAL CHURCH



625 Pennsylvania Avenue

San Diego, CA 92103-4321

Office Hours: Mon. - Fri, 9:00 AM - 3:00 PM

Phone: (619) 298-7729

Fax: (619) 298-7801

Email: [info@allsaintschurch.org](mailto:info@allsaintschurch.org)

Website: [www.allsaintschurch.org](http://www.allsaintschurch.org)

**Rector:** Fr. Carlos E. Expósito [rector@allsaintschurch.org](mailto:rector@allsaintschurch.org)

If you would like to contact the **Episcopal Diocese of San Diego**, visit their website at [edsd.org](http://edsd.org)

## PARISH STAFF

**Parish Administrator**

Mrs. Louise D. Lawson

**Asst. Parish Administrator**

Mr. Renzo C. Seguin

[administrator@allsaintschurch.org](mailto:administrator@allsaintschurch.org)

**Business Administrator**

Mrs. Theresa Krist

[finance@allsaintschurch.org](mailto:finance@allsaintschurch.org)

## MUSIC

**Organist & Choirmaster**

Robert MacLeod

**Soprano:** Emily Ortlieb

**Tenor:** Dennis Williams

**Baritone:** John White

## ALL SAINTS' VESTRY

**Sr. Warden**

Mx. Barbara Wilder

**Jr. Warden**

Ms. Lois Myers

**Clerk**

Ms. Emily Ortlieb

Mrs. Lucretia Locke

Mr. James Hansen

Mrs. Lynette Blakney

Mr. Gary Beyer

Ms. Tanya Tatem

Mr. Ted Crittenden

Ms. Jeannie Gehagan

Mr. John Blumeyer

**Treasurer**

Mr. Ed Heck

**Facilities Liaison**

Mr. Cree Craig



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